

TIME	TRACK 1 PLENARY	TRACK 2 BREAKOUT A	TRACK 3 BREAKOUT B	TRACK 4 BREAKOUT C	TRACK 5 BREAKOUT D	TRACK 6 BREAKOUT E	TRACK 7 BREAKOUT F		
Room	LENNOX 3	KILSYTH SUITE	MOORFOOT SUITE	TINTO SUITE	LAMMERMUIR 1	LAMMERMUIR 2	LOWTHER		
07:30	REGISTRATION OPEN								
08:20-09:00	OPENING CEREMONY								
09:00-09:50	PLENARY #1 THE GUTTMANN LECTURE Ashley Craig								
09:50–10:30	COFFEE BREAK - EXHIBITION AND POSTER VIEWING WITH REFRESHMENT								
10:30–12:00		WORKSHOP 1 #48 An Update on Paediatric SCI: understanding the life-long complications to improve biopsychosocial function and quality of life	INSTRUCTIONAL COURSE 1 #216 Advances in Recovery Prediction Following Spinal Cord Injury	WORKSHOP 3 #236 Cognitive Screening: An Invisible Need After SCI and The Essential Role of the MDT	WORKSHOP 2 #212 Evaluating multi-faceted programs/interventions: Experiences from peer support.	INSTRUCTIONAL COURSE 2 #305 Promotion of sustainable self-management after spinal cord injury: A balance between clinical support and personal agency.			
12:00–13:15	LUNCH BREAK - EXHIBITION AND POSTER VIEWING WITH REFRESHMENT								
12:15–13:00*	LUNCH SYMPOSIUM 1								
13:15–14:45		POSTER AWARD PRESENTATIONS #16, #116, #367, #171, #339, #429, #58, #220, #241	INSTRUCTIONAL COURSE 3 #234 International Standards to Document Autonomic Function following SCI (KAFSCI): Second edition	ORAL PRESENTATIONS 1 MISCELLANEOUS TOPICS #105, #238, #104, #415, #20, #102	WORKSHOP 4 #396 Using yoga and mindfulness- based interventions to improve physical and emotional well-being in individuals with spinal cord injury	INSTRUCTIONAL COURSE 4 #365 Women's Health and Spinal Cord Injury/Dysfunction: Guidelines, Challenges, and Opportunities in 2023			
14:45–15:30	COFFEE BREAK - EXHIBITION AND POSTER VIEWING WITH REFRESHMENT								
15:30–16:20	PLENARY #2 WINGS FOR LIFE LECTURE Adam Ferguson								
16:30–18:00		WORKSHOP 5 #186 Recovery and Reintegration Across the First Year of Spinal Cord Injury (SCI): the Lived Experiences of People with SCI and their Caregivers	INSTRUCTIONAL COURSE 5 #203 Traumatic Central Cord Syndrome - Neuropathology, Definitions and Prognosis	ORAL PRESENTATIONS 2 RESPIRATORY AND MISCELLANEOUS TOPICS #138, #46, #51, #381, #409 #99	WORKSHOP 6 #250 Understanding and implementing the Australian and New Zealand Clinical Practice Guidelines for the physiotherapy management of people with spinal cord injuries	INSTRUCTIONAL COURSE 6 #115 Therapeutic Interventions to Reduce the Burden of Cardiometabolic Diseases in Persons with Spinal Cord Injury			
18:00-19:30	WELCOME RECEPTION IN EXHIBITION HALL								



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Room	LENNOX 3	KILSYTH SUITE	MOORFOOT SUITE	TINTO SUITE	LAMMERMUIR 1	LAMMERMUIR 2	LOWTHER		
07:30	REGISTRATION OPEN								
08:30	POSTER AREA / SPEAKER PREVIEW OPEN								
08:00-08:50	BREAKFAST SYMPOSIUM 1						BREAKFAST SYMPOSIUM 2 (starts at 07:45)		
09:00-10:30		WORKSHOP 7 #273 SCI Care and Capacity during Conflict		ORAL PRESENTATIONS 3 BIOMARKERS AND NEURO RECOVERY #81, #145, #436, #170, #199	ORAL PRESENTATIONS 4 SPINAL CORD STIMULATION AND MISCELLANEOUS TOPICS #122, #406, #210, #334, #65	TALKING POSTERS #300, #445, #144, #23, #80, #422, #228, #74, #37			
10:30-11:00	COFFEE BREAK - EXHIBITION AND POSTER VIEWING WITH REFRESHMENT								
11:00–11:50	PLENARY #3 THE ISCOS LECTURE Joost van Middendorp								
12:00-12:45	DEDICATED POSTER VIEWING TIME - POSTER PRESENTERS AT THEIR POSTERS								
12:45-13:45	LUNCH BREAK - EXHIBITION AND POSTER VIEWING WITH REFRESHMENT								
12:50-13:40*	LUNCH SYMPOSIUM 2						LUNCH SYMPOSIUM 3		
13:45–15:15		WORKSHOP 8 #277 Delivering an Intervention to Improve Psychological Outcomes for People with SCI: ReInventing Yourself after Spinal Cord Injury	#29 Yes, "Exercise is Medicine" (and so much more) following spinal cord injury	ORAL PRESENTATIONS 5 PAIN AND MISCELLANEOUS TOPICS #286, #155, #92, #141, #432	WORKSHOP 9 #222 Two Sides of the Coin - Medical science from Different Perspectives: Data Scientist vs. Clinician	HOSTRUCTIONAL COURSE 9 #108 Do I do the ISNCSCI correctly? - Pitfalls and common mistakes performing the ISNCSCI exam and classification	INSTRUCTIONAL COURSE 7 #424 Strengthening Spinal Cord Injury Services across the Continuun of Care: The ISCoS Toolkit – Research in Action		
15:25-16:15	PLENARY #4 ISRT Lecture Monica Sousa								
16:15-16:45	COFFEE BREAK - EXHIBITION AND POSTER VIEWING WITH REFRESHMENT								
16:45–18:15	AGM FOR ISCOS MEMBERS ONLY								
19:30-00:00			CONFERENCE DINNER	AT THE ASSEMBLY ROOMS - D	DOORS OPEN AT 19:15				

PROGRAMME WEDNESDAY 11TH OCTOBER



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Room	LENNOX 3	KILSYTH SUITE	MOORFOOT SUITE	TINTO SUITE	LAMMERMUIR 1	LAMMERMUIR 2	LOWTHER	
08:30	REGISTRATION / POSTER AREA / SPEAKER PREVIEW OPEN							
09:00-09:50	PLENARY #5 ANTHONY DIMARCO LECTURE Ian Benson							
10:00-11:00		ORAL PRESENTATIONS 6 PSYCHOSOCIAL ISSUES #230, #297, #106	ORAL PRESENTATIONS 7 MISCELLANEOUS MEDICAL #140, #276, #69, #197	ORAL PRESENTATIONS 8 GASTROINTESTINAL ISSUES #149, #434, #414, #15	ORAL PRESENTATIONS 9 QUALITY OF LIFE #226, #169, #52	ORAL PRESENTATIONS 10 MIXED TOPICS #103, #198, #200, #433	LOC WORKSHOP The state of the art in restoration of upper limb function for tetraplegic patients	
11:00–11:30	COFFEE BREAK - EXHIBITION AND POSTER VIEWING WITH REFRESHMENT							
11:30–13:00		WORKSHOP 10 #280 Leadership in the Digital Age: Leveraging Digital Media for Networking and Dissemination of Scientific Results to SCI Professionals and People with Lived Experience	WORKSHOP 11 #390 Identifying trends in SCI clinical trials and consumer needs through SCITrialsFinder.net website analytics	ORAL PRESENTATIONS 11 GENITOURINARY ISSUES #43, #25, #30, #421, #18	INSTRUCTIONAL COURSE 10 #394 International SCI Data Sets: Accomplishments in the past 20-years and future directions	INSTRUCTIONAL COURSE 11 #38 Use of probiotic in manipulating gut microbiota in patients with spinal cord injury. State of the art in evidence and clinical practice.	LOC WORKSHOP The state of the art in restoration of upper limb function for tetraplegic patients	
13:00–14:15	LUNCH BREAK - EXHIBITION AND POSTER VIEWING WITH REFRESHMENT							
13:00–14:00*	UK SPINAL INJURIES ASSOCIATION LECTURE (13:30-14:05)				SIG MEETING: INTERNATIONAL SCI DATA SETS (13:10-14:05)			
14:15–15:45		WORKSHOP 12 #317 FashionABLE with SCI: The overdue conversation on function meets fit and fashion	INSTRUCTIONAL COURSE 12 #195 Soft and rigid exoskeletons in people with spinal cord injury	ORAL PRESENTATIONS 12 AMBULATION, EXERCISE AND STRENGTH #144, 248, #289, #397, #252	INSTRUCTIONAL COURSE 13 #22 The Good, The Bad, and The Unknown: Is Stretching Beneficial or Detrimental after Spinal Cord Injury?	INSTRUCTIONAL COURSE 14 #97 Virtual and Mixed Reality: treatment or just a gadget?	ORAL PRESENTATIONS 13 PSYCHOLOGY ISSUES #301, #244, #96, #178, #110, #165	
15:55-16:45		RAPID FIRE 1 MISCELLANEOUS TOPICS #425, #284, #282, #347	RAPID FIRE 2 REHABILITATION AND THE COMMUNITY #321, #239, #190, #417	RAPID FIRE 3 MOBILITY, EXERCISE AND MISCELLAEOUS TOPICS #164, #188, #185, #33, #349	RAPID FIRE 4 NUTRITION AND MISCELLANEOUS TOPICS #24, #32, #137, #135	RAPID FIRE 5 BOWEL, BLADDER, SEX AND SKIN #329, #314, #357, #71, #173		
16:55-17:25	CLOSING CEREMONY							
17:25-18:15	CLOSING RECEPTION with drinks and nibbles							